Heart for The Community

Who has a heart for the community? Should we care about people outside of our family? Why?

The community is us. We are apart of it. We may seek to be independent and disconnected but in reality we are all apart of our local communities. Just as one person in a family affects everyone else in the family. Each of us contributes something to our community. Some cities are called friendly, some are called unfriendly or exclusive. Some are called 'party towns'.

The reality is, that each community has it's own personality, which is shaped by the citizens of it. How we treat each other, the events we create and participate in, as well as the individual unique personalities in all of us, form our community's image and personality.

Family wise, when you help to improve the life of someone in your family, your overall family benefits. The family members will feel more connected, valued, secure and at peace. Likewise, when we participate in community activities that improve the community, we all benefit from it.

Each city has many opportunities for recreation, learning, improvements, and fun. Maybe you have an idea of something that would be new, that isn't happening and you could form a team to seek to implement it?

We use the expression about having a 'heart for the community.' Our physical heart not only keeps up alive, but our spiritual/soulful heart has a deep understanding and care for many things. I encourage you to search your heart about where and what you should go towards in your community. Listen to your heart. Pay attention to what you feel about different ideas, causes, gatherings or events.

The ones you feel the most connection or passion about, may be the areas you can connect with. You don't to make your efforts a part-time job (unless you want to!). But, you can consider where to give of your time, energy and resources. It's been said correctly, that the giver receives as much as the receiver. There is a heartfelt joy, satisfaction and meaning that we receive when we give to improve the communities around us.

Maybe you already are doing too much community action and then need to prioritize and do less? Your heart can guide you in those decisions also, when less activity can be more beneficial and effective.

Thanks for reading and may you continue to develop and release your heart for the community.

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