



Freedom4U A Non-Profit Organization freedomcommunity.com

Changes Life Skills Groups

Changes Information Form

Welcome to our program. We look forward to working with you. This form requests information about you and your teen, which will help us. Thank you.

Parent/Guardian Name(s) _____ Today's Date ___/___/___

Teen Name _____ Age _____

Address _____ Birth date ___/___/___

City _____ State _____ Zip _____

School _____ Grade _____

Phone # Home () - OK to Contact? __Y__ N Cell () - OK to contact? __Y__ N

Cell () - OK to contact? __Y__ N

Parent Email Address _____/_____

Parents' Relationship Status (circle one) single married/partnership separated divorced widowed

Please indicate any concerns you might have about your teen:

Please indicate any pertinent medical history of your teen:

Have you sought other help for your teen before? If so, please list:

RELATIONSHIPS Please place a checkmark next to items that apply to your teen.

Too few friends Talks to friends about their problems Is overly shy Makes friends easily
Enough friends Doesn't talk to friends about problems Finds it very difficult to open up to others
Finds it hard to keep friends

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Please list the things/events/problems that are creating stress in your child's life at the present time. Include significant losses and changes in your family's life.

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____

CURRENT FUNCTIONING

Place an "X" on the following scale to indicate how well you think your child is coping with things at the present time. 100% means they are coping the best they ever have.

I-----I-----I-----I-----I-----I-----I 0
30 40 50 60 70 80 90 100%

As a parent/guardian, please indicate which challenges you are having in your relationship with your teen:

Parent: ANYTHING ELSE YOU WANT US TO KNOW?

Teen: What are the main things you would like to discuss in groups?

Parent: How did you hear about the Changes Groups?

Please return completed form to: admin@freedomcommunity.com or fax 310-378-3024 or mail to: Freedom4U, 336 Tejon Place, PVE, CA. 90274.